

**Birmingham Bloomfield Atlantis  
2009-2010  
Information & Registration**





# General Information

Placement Swim-September 9th, Covington School. 6:00-7:00.

Placement swim is required for new swimmers to the program, but does not guarantee a place on the team. If the group is full you will be notified by 9-15. Please bring any competitive times with you (yards or meters). Returning swimmers need not attend but should register in the group indicated on the registration form.

Registration Information-Returning swimmers can begin to register by mail in mid-August. Register by Sept. 1<sup>st</sup>.

New BBA swimmers may register by mail, or in person at registration on September 9, from 6:30 - 8:00pm at Covington School.

A registration checklist is included in the registration packet. You can download the forms from the club web site: [www.bbaswim.org](http://www.bbaswim.org).

Practice Begins - September 9<sup>th</sup> for Seniors and Gold and September 14<sup>th</sup>, 2009 for all others. Tentative practice schedules are available at Registration and on-line at [www.bbaswim.org](http://www.bbaswim.org). Berkshire Middle School, West Maple, Lahser and Andover High school are tentative pools. Practice times and locations can change, call the Hotline **248-593-8607!**

Fall Session runs from September 9, 2009-November 29, 2009 for SR and Gold

Fall Session runs from September 14, 2009-November 29, 2009 for all others

Winter Session runs from November 30<sup>th</sup>, 2009-Qualifying championship meet

12+ Under State Meet March 12<sup>th</sup>, 13<sup>th</sup> & 14<sup>th</sup>, 2010

13+ Up State Meet March 19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>, 2010

BBA will be hosting 12 & Under State Meet – March 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup>

Payment Policies - BBA is proud to be able to offer such varied and flexible programs. In order to continue to offer these options, payment policies must be strictly adhered to. All outstanding balances **must** be paid prior to registering for the new season. Additionally, each family is required to pay BBA and USA swim fees *prior* to attending practices. You can take advantage of a reduced rate when you pay in advance for the entire Short Course Season when compared to paying for the Fall and Winter sessions separately.

Note: Attendance will be taken at each practice. As swimmers attain a higher practice group, a **Practice Group Change** form must be completed and the difference in session fees paid. Forms will be available on the website. Completed forms should be mailed to Murry Pierce. You will then be notified of any additional fees owed.

Session Fee Refunds - Swimming session fees are refundable during the **first two weeks** of practice. USA Swim and BBA registration fees are non-

refundable. A written notice of a swimmer's intent to withdraw is necessary to obtain a refund. **No refunds will be given after the first two weeks of practice.**

## The Program

The Age-Group Program - BBA divides swimmers into Speedsters, Bronze, Silver, Gold or Seniors. The Head Coach will designate final placement. Please keep in mind that this may be different than preference selected by swimmer or parent. Optional practices may be available on Saturdays and Sundays.

Speedsters are beginning competitive swimmers who can swim at least two legal strokes (ages 6-9). This program gives these swimmers the opportunity to perfect their strokes, to maintain technique during races and to prepare for competition. Up to a three-day a week program is offered.

Bronze swimmers are advanced competitive swimmers (ages 8-11) that have "C" or "B" times and still require emphasis on stroke refinement. Endurance training, goal setting and race strategy will be introduced. Up to a three day a week program is offered.

Silver swimmers are more advanced competitive swimmers (ages 8-11) who are swimming "B" or "A" times. Stroke refinement, endurance training, goal setting and race strategy are reinforced. Up to a four day a week program is offered.

Gold swimmers are the more experienced competitive swimmers (ages 9-13) that are swimming "B", "A" and "AA" or above times. Stroke technique, strength training, goal setting, pacing and race strategy are emphasized. Gold swimmers can train up to five days a week.

Seniors. This group provides the most advanced swimmers (ages 13 & up) with expanded strength training, pacing and race strategy to enable the swimmers to compete at the state, regional and national levels of competition. Senior swimmers train up to five days a week.

High School Allows the swimmers to practice with the appropriate group when the High School season is not in session.

Middle School Allows the swimmers to practice with the appropriate group when the Middle School season is not in session.

Water Polo Boys Allows the swimmers to practice with the appropriate group when the High School Water Polo season is not in session.



Welcome to BBA!

## Coaches

Bill Thompson is head coach, and has been with BBA for eighteen years. While at Birmingham Groves High School he set pool & school records, and at Eastern Michigan University he set five swim team records and was a member of the 1977 Junior Olympics 2nd place water polo team.

He began coaching in college, and later as head coach of the Laramie, Wyoming Swim Club, led the team to six state championships. Bill has also coached swimmers who qualified for the Junior Olympics, Sectionals, Jr. Nationals, Sr. Nationals and Olympic Trials. Additionally, Bill is the head coach of the Marian High School Swim Team and the Birmingham Athletic Club and former assistant coach at Cranbrook Swim Club.

Kristi Moore is returning for her 24th year with BBA as the Age Group coach for the youngest BBA swimmers. She has been head coach at the Cranbrook Swim Club for the past seven years where she has guided the team from 9th to an NSSL summer season championship in 2001.

Kristi's roots are local as well. She graduated from Lathrup High School and Oakland University, where in addition to earning her degree in education she was a five-time All American and twice named the Great Lakes Interscholastic Athletic Conference Scholar Athlete of the Year.

Ray Onisko joined the BBA coaching staff in September of 2002. Ray has over eleven years of coaching experience including being the head coach at Notre Dame H.S., the head coach at Eisenhower H.S., the head coach at Dakota H.S. and most recently the head coach of the Utica Shelby Swim Club. Ray attended MSU and Oakland University.

For over 30 years, many hundreds of BBA swimmers have been excelling in the joys of competitive swimming. BBA was created in 1978 by a cooperative effort of the Birmingham Community Education Department and the Bloomfield Parks & Recreation Department.

We are a non-profit organization entirely supported by its members. Your participation is very important to the continued well-being of our club. Please sign up for an event or project when you register your swimmer(s). Please make special note of the club's payment and fund raising policies. Timely payment of all amounts is essential to a successful club.

We are excited about the upcoming 2009-10 Short Course Fall and Winter seasons. We welcome back returning swimmers as well as new members to the club. In an effort to maintain quality practice sessions, it may become necessary to limit the practice group sizes. Please familiarize yourself with the registration brochure, instructions, forms and meet entry procedures.

Because of our dedicated coaches, enthusiastic swimmers and involved parents, our club is thriving! Our families get a lot out of BBA:

- **A Tradition of Excellence • Professional Coaching Staff**
  - **Annual/Seasonal Programs • Long Course Training**
  - **Programs for Ages 6-19 • Competitive Program**
  - **Local Practice Facilities • Family Discounts**
  - **Member USA Swimming**
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